

*This communication is being sent to local public health and hospital partners.
Please share widely with healthcare providers in your jurisdictions and facilities.*



Updated CDC Guidance

Issued 07/20/2020

Local Public Health & Healthcare Partners,
Please see the updated CDC guidance summarized below (IDPH is modifying recommendations on the website as well).

1. Changes in isolation recommendations for symptomatic persons

Persons who think or know they have COVID-19 and have symptoms should isolate until:

- At least 10 days since symptoms first appeared and
- At least 24 hours with no fever without fever-reducing medication and
- Symptoms have improved

Persons who test positive for COVID-19 and do not have symptoms should isolate until:

- 10 days have passed since test

CDC discourages using the test-based strategy except as described below

2. Isolation recommendations for severe, advanced immunosuppressed persons

People with severe, advanced immunosuppression should isolate until:

1. Two negative test results in a row, at least 24 hours apart OR
2. 20 days post symptom onset or date of test

3. Re-exposure recommendations for persons previously infected with COVID-19

Previously diagnosed with COVID-19 have since recovered and remain asymptomatic:

- Retesting is **NOT** recommended within three months after the date of symptom onset (or date of test if asymptomatic persons) for the initial COVID-19 infection
- Quarantine is **NOT** recommended in the event of close contact with an infected person during the three month time period, as long as the previously diagnosed person remains asymptomatic (i.e., has not developed symptoms of a new illness)

In persons who develop new symptoms consistent with COVID-19 during the 3 months after the date of initial symptom onset (if an alternative etiology cannot be identified by a provider) they should be clinically evaluated as appropriate and re-testing should be considered if there is not an alternative diagnosis.

- The symptomatic person should be isolated again, if symptoms developed within 14 days after close contact with a new COVID case.

Please contact CADE with questions or concerns at 800-362-2736.